

# PE on a Page!

## Intent

- To foster well-rounded sports people.
- To provide opportunities for all children to have access to a wide variety of sports (dance, athletics and swimming etc.)
- To train children with the knowledge and skills for a variety of sports and games.
- To give children the opportunity to learn and master new skills.
- To build on and use key P.E vocabulary.
- To develop children's perseverance skills in order to take risks and develop their resilience.
- Encourage sportsmanship/ being a team player and following the rules.
- To have the opportunity to compete in competitions.
- To be able to swim.
- To recognise the importance of fitness in our daily lives.

## Implementation

- High quality teaching (Forest School and a trained professional).
- Physical activity is offered twice weekly (FS and one PE session) and follows a clearly sequenced and progressive programme of study (with support of a sports coach).
- Lessons provide regular opportunities for practising a variety of skills.
- Encouragement to play fairly and with respect.
- Skills progress across year groups.
- Visitors share their history and achievements.
- Out-of-School sports achievements highlighted within the school: Wall of Fame.
- Sports clubs available to all, to further enhance skills.
- A range of resources to support learning.
- Inter-school competitions promote healthy competition among students.
- Promoting a school team spirit.
- Annual events, such as: May Day dance, Sports Day, Year 6 performance
- Residential promote risk-taking in a variety of physical activities.

## Impact

- Children recognise the importance of sports, fitness and healthy living in their everyday lives.
- The majority of children can talk with confidence about what they've learned in PE lessons.
- Children are able to apply their skills to other games.
- Children can use the resources around them to support independent learning.
- Children can work independently or in a team.
- Children are progressing across the school in key skills.
- The majority of children have a secure understanding of game rules.
- Most children can swim.
- Children are prepared for the next stage in their learning.
- Most children reach age-related expectations by the end of the academic year.
- Children are encouraged to join clubs that promote fitness.
- Children take managed risks in PE.